

**Annex 2 - Northern Quarter Community Mental
Health Project and Community Mental Health
Transformation Update**

June 2021

York Mental Health Partnership **'Connecting our City'**

Our vision for York is of a city where:

- We all feel valued by our community, connected to it, and can help shape it.
- We are enabled to help ourselves and others, build on our strengths, and can access support with confidence.
- We are proud to have a Mental Health Service that is built around our lives, listens to us, is flexible and responds to all our needs.

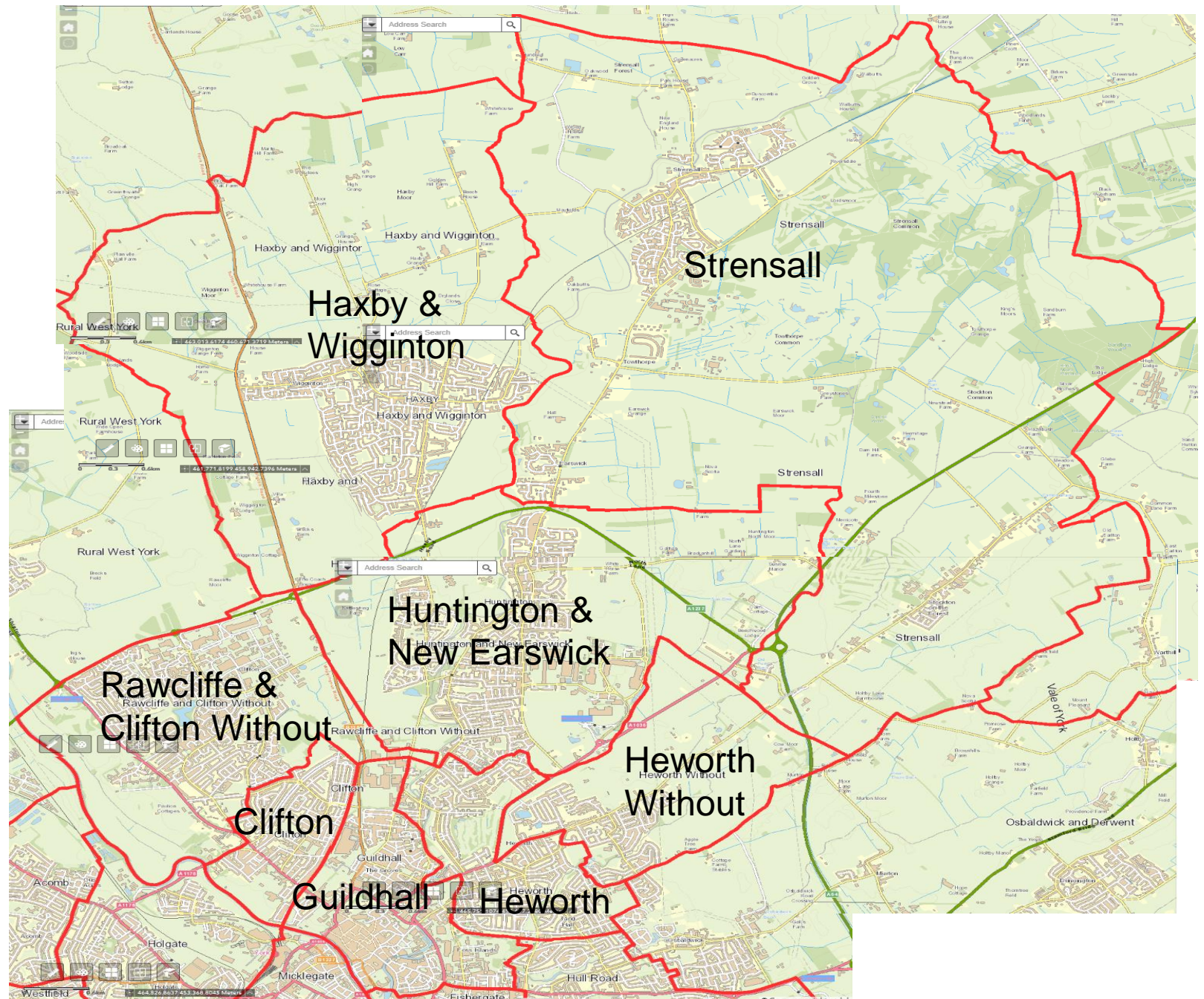
York Mental Health Partnership

Vision / Design Principles

When it is needed the support for people with mental ill health will be:

- Easy to access
- Warm and welcoming
- Built on freedom and trust
- Tailored to your individual needs and wishes
- Flexible and responsive
- Consistent and well co-ordinated

The Northern Quarter



Why the Northern Quarter?

- Rich in community assets – buildings, groups, people
- Converge and the Discovery Hub
- Local Area Co-ordination
- Multiple Complex Needs Network
- ‘People Helping People’ volunteering strategy
- Practitioners’ Network (Community Connector roles)
- Social Prescribing, Link Workers, and Ways to Wellbeing
- Talking Points

‘Connecting Our City’ - Northern Quarter Project (NQP)

A community approach to mental health & wellbeing

Key messages

- All-ages, whole life course approach
- A holistic approach – e.g. housing, environment, employment, relationships, hobbies/interests
- Mental health and wellbeing is everybody’s business
- Moving from a medical model to a social model - a focus on promoting wellbeing rather than diagnosing and treating illnesses
- It’s all about **building connections** – connecting people, groups, organisations, generations, projects & initiatives, etc
- Building on individuals’ and communities’ strengths...

NQP current work-streams

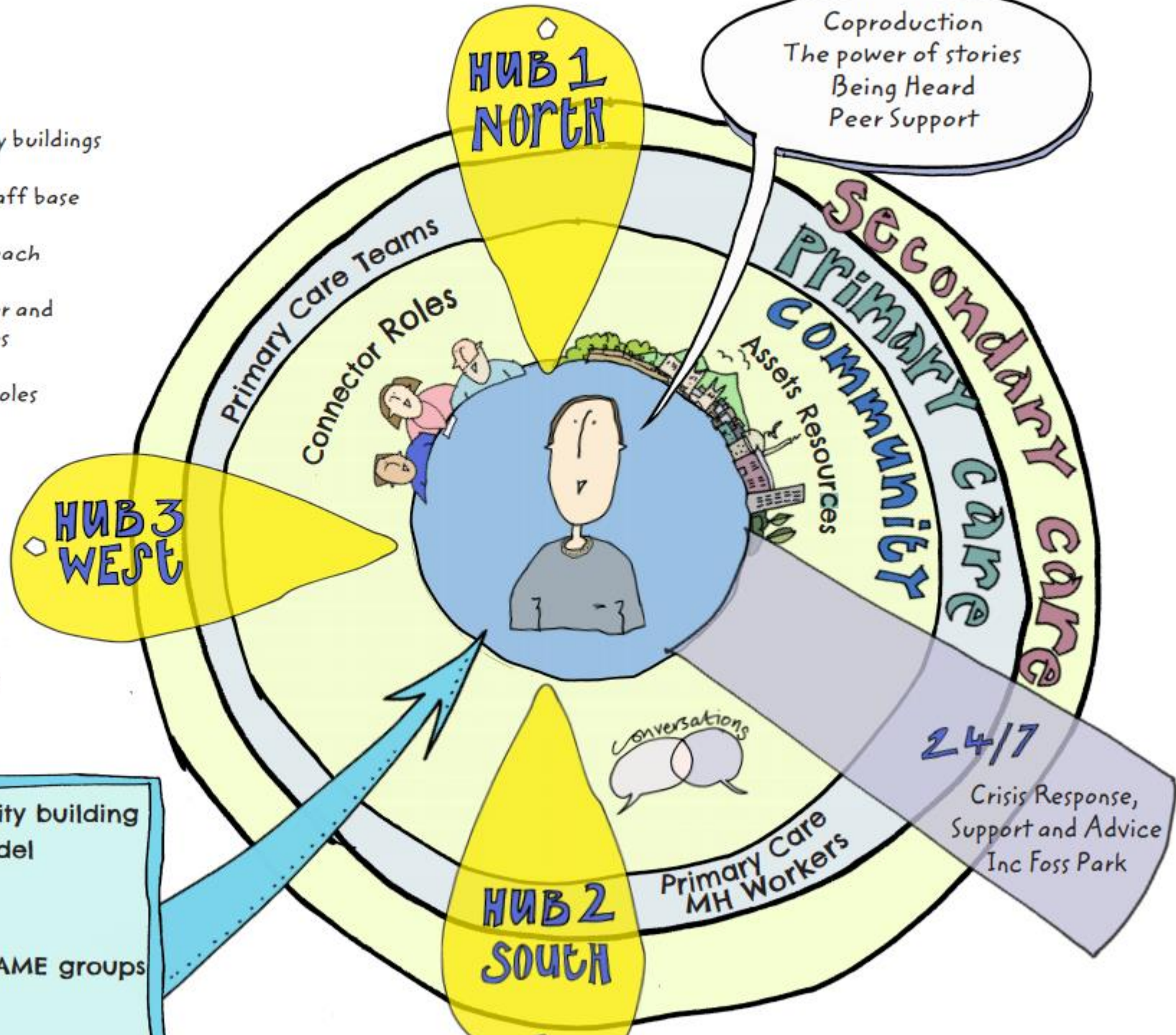
Work-stream
Coproduction (MH Partnership)
Community conversations
Whole system data collation & analysis
Developing an integrated, multi-disciplinary community MH hubs
Evaluation of NQP
'People on the ground' network
Peer Support/Peer Carer Support Projects
Pathway to Recovery Pilot
Supporting Physical Health
Autism and Mental Health

Community Mental Health Transformation Funding


- National 3 year funding
- Allocated at a Humber, Coast and Vale (HCV) level
- Priorities around new posts, investment in the VCSE
- Focus on personality disorder, eating disorder and MH rehab
- City of York allocated £441,972k in year 1
- York Mental Health Partnership to lead implementation of transformation
- Workshop planned for 8th July 2021

HUBS include:

- 📍 Based within community buildings
- 📍 Multi agency flexible staff base
- 📍 Talking point style outreach
- 📍 Specialist eating disorder and personality disorder roles
- 📍 Community connector roles
- 📍 Peer support
- 📍 MH social work
- 📍 CMHT roles
- 📍 MH rehab roles
- 📍 Physical health workers



Investment and Capacity building
VCS Alliance Model



Targeted investment to BAME groups
£££